



POST ROE V WADE
TRANSMENOPAUSE

WOMEN'S HEALTH GARDEN

Baba Yaga's Post Roe V. Wade Transmenopause Women's Health Garden

This bed cultivates plants that address women's health concerns. It highlights the ongoing assault on women's reproductive rights by cultivating plants historically used by midwives, crones, herbalists and modern-day witches to care for women's bodies. The plants also explore issues of ageism, post and anti-reproduction issues, and "transmenopause": a neologism to explore womanhood beyond biology and fertility.

ABOUT THE PLANTS

- **Rue** (*Ruta graveolens*)
- **Queen Anne's Pocket Melon** (*Curcumis melo*)
- **Hyssop** (*Hyssopus officinalis*)
- **Yarrow** (*Achillea millefolium*)
- **Pennyroyal** (*Hedoma pulegoides*)
- **Nettle** (*Urtica dioica*)



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WAR



GARDENS

SEEDS OF DISPLACEMENT

War Gardens

Seeds of Displacement

“Most of us don’t think about agriculture as one of the losses of war. We think of the loss of human life, the rubble cities and the looted archaeological sites... But agriculture, too, is an ancient heritage that can be vulnerable. In Syria, some farmers cannot access the seeds they need, fertilizer or irrigation, according to several Syrian agricultural experts and a July report by the United Nations Food and Agriculture Organization.”

“Sowing the Seeds of Syria: Farming Group Rescues Plant Species Threatened by War.” *The Guardian*. Guardian News and Media, 04 Nov. 2015. Web. 03 June 2016.

In collaboration with The Experimental Farm Network (EFN) this garden contains rare plants from the Middle East and Africa with the goal of preserving genetic, agricultural heritage under threat from war and conflict.

Seeds from these plants will be saved and returned to EFN.

ABOUT THE PLANTS

- **Nineveh Tomato** (*Solanum lycopersicum*) — Named for the ancient name of the Iraqi city of Mosul, these tomatoes are said to be unavailable in their native city any longer due to continuing violence in Iraq.
- **Homs Eggplant** (*Solanum melongena*) — Named for a Syrian city that has been destroyed almost completely during the ongoing civil war.
- **Sorghum, Korjaj** (*Sorghum bicolor subsp. bicolor*) — A beautiful white-seeded sorghum from the war-torn Darfur province of western Sudan.
- **Sorghum, Coral** (*Sorghum bicolor subsp. bicolor*) — Sorghum from the war-torn city of Malakal in South Sudan.
- **Sorghum, Nebur Der** (*Sorghum bicolor subsp. bicolor*) — Sorghum from the war-torn city of Malakal in South Sudan, developed as a staple crop over generations by the Shilluk (or Chollo) people.



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LAS MUJERES ZAPATISTAS

★ SEEDS OF RESISTANCE ★



Las Mujeres Zapatistas

Seeds of Resistance

This garden is dedicated to the Zapatista women of Chiapas, Mexico. Mayan maize from their territory grows together with beans and squash in a symbiotic relationship known as Three Sisters. Traditional Zapatista maize varieties are currently threatened on a genetic, economic, and cultural level by transgenic, patented varieties. Anti-GMO and anti-colonization, this garden is an effort to preserve a vital genetic heritage stewarded for thousands of years by Mayan farmers.

The Zapatista Army of National Liberation (EZLN) is a revolutionary leftist resistance group comprised mainly of Mayan indigenous groups fighting for autonomy against the oppressive and corrupt Mexican state and international corporate interests. Within the EZLN, women's autonomy is guaranteed in the ten-point Women's Revolutionary Law that includes political, economic, educational, and reproductive rights, among others.

Practicing hand-pollination techniques to protect seeds from cross-contamination presents opportunity for art interventions: portraits and quotes of Zapatista women appear on bags that cover tassels and shoots.

Support Zapatista communities at www.schoolsforchiapas.org

ABOUT THE PLANTS

- **Corn, Zapatista Yellow, White & Black** (*Zea mays*) — Seeds are sourced from autonomous Zapatista farmers via the organization School for Chiapas. GMO-free.
- **Squash, Potimarron** (*Cucurbita maxima*) — Small winter squash. Sweet, chestnut flavored orange flesh. Seeds from Seed Savers Exchange.
- **Bean, Ojo de Cabra** (*Phaseolus vulgaris*) — Striped pole beans look like the “eye of the goat.” Seeds originally from Baker Creek.
- **Love Lies Bleeding** (*Amaranthus caudatus*) — Flowering, edible plant from the Amaranth family.
- **Gherkin, Mexican Sour** (*Melothria scabra*) — Small sour fruits taste like cucumber.
- **Marigold, Hawaiian** (*Tagetes patula*) — Large orange flowers used for yellow-orange dye



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BOSNIAN MAGIC Garden

for Zejna and Isota



Bosnian Magic Garden For Zejna and Isota

This garden is inspired by the kombucha fungus, which was passed across borders during the Bosnian wars at a time when basic necessities were unavailable and home medicine became very popular.

Two days before I left for a Fulbright in Bosnia last year, I found letters my grandmother and I wrote to a woman we sponsored in a refugee camp in 1995. I was reunited with this woman twice in her repatriated village, which had been ethnically cleansed and turned into a rape camp during the war. This front image is the view of her village from her rebuilt home.

This garden is dedicated to overcoming the trauma experienced by women in war.

--Melissa Potter

ABOUT THE PLANTS

- **Yarrow** (*Achillea collina*) — Decoct (M) for blood purification and as roborantium for strengthening the corpus.
- **Stinging nettle** (*Scientific name*) —Decoct (SC) for anemia, blood purification and renal ailments. Decoct (M) for blood purification and asthma. Fresh pressed juice (SC) for anxiety.
- **Calamint** (*Calamintha alpina*) — Verem was used to make tea which was drunk by people who felt sorrow or melancholy. Especially susceptible to depression in the past were women of various age to whom it was suggested to drink tea from Verem and to go to a creek or river every day and dragging a cloth across the surface of the water to utter: "O dear water if you only knew how I felt" she would confide to the water and listen to the calming sound which would psychologically calm and relax them.
- **Sage** (*Salvia officinalis*) — Tea (M) for stomachache and throat inflammations. Decoct (SC) for blood purification. Tea (SC) and powder (M) for stomachache and stomach spasms. Tea (SC) for influenza. Tincture (SC) for sedation. Decoct (M) for blood purification and as roborantium for strengthening the corpus.
- **Pennyroyal** (*Mentha pulegium*) — Tea (M) for spasms and regulation of menstruation.
- **Wild Chamomile** (*Matricaria discoidea*) — Powder (SC) for hemorrhoids. E: Collar (SC) for stomachache.



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